FlexEnergy

SNOHOMISH COUNTY PUD

Tips for Reducing Energy During Peak Periods

Our FlexEnergy customers have given us some fantastic ideas on how to best reduce energy usage during peak hours. We thought it would be great to share them with all FlexEnergy customers.

Prior to a Peak Period

✦ **Make saving energy a family affair!** Get everyone in your house involved in shutting off electric devices, closing doors to unoccupied rooms and turning off lights.

✦ **Set your coffee machine the night before** so your morning brew is ready before peak hours begin.

✦ **Pre-heat your electrically heated home** in advance of peak periods. Raise the temperature on your thermostat 2-3 degrees a couple of hours before the peak event, then turn it off and ride out the peak period using the warmth build up in your home.*

✦ **Schedule your electric vehicle** to charge after the peak period.*

If your thermostat or EV charger is enrolled in the pilot, then this is done automatically
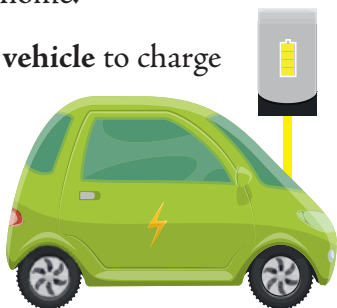
During a Peak Period

✦ **Let the sunshine in!** In the mornings, open south-facing window blinds to let in natural light and radiant heat. Close them in the evening to hold warmth in.

+ **Throw on your comfiest sweater** instead of turning up the heat.

+ **Warm up by getting active.** Take 5 minutes to get your blood flowing.

+ **Work remotely** from a coffee shop or run errands outside your house.

+ **Avoid using large electric cooking appliances** by using an instant pot or microwave. Better yet, make an antipasto plate for dinner.

+ **Delay your shower** until after a peak period.

+ **Break out a board game** or read a book instead of playing video games or watching TV.

Other Helpful Hints

+ **Install a water-efficient shower head** to reduce water-heating costs.

+ **Use weather stripping around your doors and windows** to prevent heat loss. This is a low-cost way to amp up your savings and keep the warm air inside where it belongs!

Thank you for participating in the FlexEnergy pilot programs!

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